

2002 EIGHTEENTH PROFESSIONAL SEMINAR - OVERVIEW

March 9-13, 2002, sixty members of The Monroe Institute's Professional Division convened for the Eighteenth Professional Seminar, "*Hemi-Sync®: Focus on Healing.*" Special guest speakers and many of the Institutes Board of Advisors also attended. The overflow crowd was accommodated at both The Nancy Penn Center and Roberts Mountain Retreat.

Marilyn Schlitz, PhD, research director of the Institute of Noetic Sciences, delivered the keynote address, "The Power of Intention in Healing: A Research Overview." Drawing from her extensive knowledge and expertise in peer-reviewed research investigating the ability of nonlocal consciousness to influence the healing process, Dr. Schlitz opened a fascinating window on that field.

Succeeding presentations filled in other aspects of the scene so deftly depicted by Dr. Schlitz. The topics covered included:

- Data on participants' experience of the Healing/Regeneration Center, one of the locales regularly visited in the BEYOND EXPLORATION 27 program
- A description of the myriad ways Hemi-Sync is applied in a medical setting and James R. Greene's personal testimonial on the practical difference that the Dolphin Energy Club made during his treatment for cancer
- Case histories in which METAMUSIC® was the key to modifying the self-injurious behavior of elderly residents in a long-term care center
- An examination of the power unleashed when Hemi-Sync is combined with appropriate music and a discussion of specific METAMUSIC applications and effects
- Data from a Personal Orientation Inventory completed by GATEWAY VOYAGE® participants and their implications for self-actualizing behavior
- Spiritual aspects of care for the elderly and how TMI residential programs and PREP sessions can contribute to dealing compassionately with a parent's transition
- Discoveries from the Focus 27 Temple of Healing and Hall of Forgiveness and examples of healing by embracing the "little people" who make up our Shadows
- An update on a double-blind placebo-controlled study of Hemi-Sync for improving sleep in primary insomniacs
- A sweeping review and overview of the value of Hemi-Sync, illuminating its potential when combined with unusual and unique healing sounds
- Ways in which Hemi-Sync can mediate healing of the therapist within the therapeutic relationship.

Tape day—the concluding activity of the Seminar—is always eagerly awaited. This year Laurie Monroe and Darlene Miller guided participants through a variety of tapes focused on manifestation and healing, including several selections from the popular MC² program.

Some professional members elected to take advantage of a unique opportunity to stay over until Saturday for a special post-conference workshop, “*Remote Viewing and Spiritual Healing: Experiencing Expanded Awareness*,” led by physicist Russell Targ and spiritual healer Jane Katra. Quotes from Seminar participants give an insider’s perspective on the event.

“Excellent Seminar and to have it based on the use of Hemi-Sync in so many different places and what can be done with the tapes focused the time we shared. A heartfelt thank you.”

“A well-structured program demonstrating many uses of Hemi-Sync in healing.”

“I have always understood the potential of Hemi-Sync. It is exciting for me to learn of its actual application in the C-I world.”

“I learned that it is very important to get together and share. It can get a little lonely out there peddling new ideas.”

“Research, clinical applications, and personal applications are all important.”

“What a marvelous event. Just being in the company of all has been renewing.”

“I think there was a fair balance between technical/clinical presentations and life-experiences presentations.”

“I learned how these wonderful professionals give validity to what Hemi-Sync is. I learned new ways to use the tapes, plus how some of the tapes are made.”

“There will be a slow but steady groundswell of demand for Hemi-Sync in the healthcare business because of its ease of use, cost, safety, and efficacy.”

“Presenters gave us the best of themselves. Tapes used in this Seminar were excellent.”

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